



This document is used to support you in discussions with your patient. Choose a topic and ask your patient to mark how well they are doing on the scale. Keep this form and assess again at the next visit to track the progress.

PATIENT'S NAME:

HCP'S NAME:

How are you doing with ?

DATE: / / TIME: :


 

I am not taking/doing this at all

I am taking/doing this as recommended

- I'm really struggling with this
- I could be doing better with this
- I'm doing well with this
- I'd like to talk about this today

DATE: / / TIME: :



 

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This template has been developed by the CF CARE steering committee as part of the CF CARE programme.

CF CARE is funded entirely by Vertex Pharmaceuticals. The content has been prepared and developed by the steering committee with logistical and editorial support from the CF CARE secretariat, ApotheCom. Vertex has had an opportunity to review the content and tools for accuracy. Vertex Pharmaceuticals does not have any access to your personal information.

INT-20-2100155 | Date of update: May 2021

Please keep this document on file and advise your patient to contact a member of their CF healthcare team regarding any questions they may have as a result of this exercise.